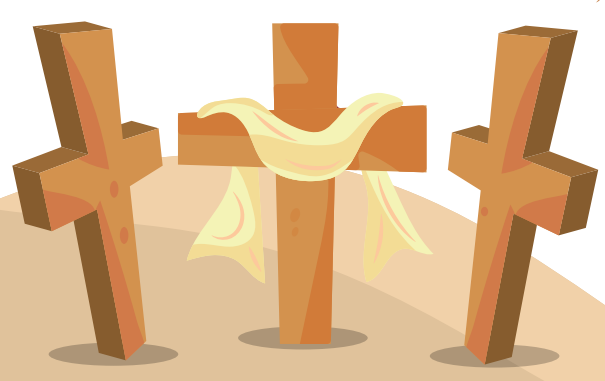


MY
LENTEN REFLECTION
JOURNAL



NAME



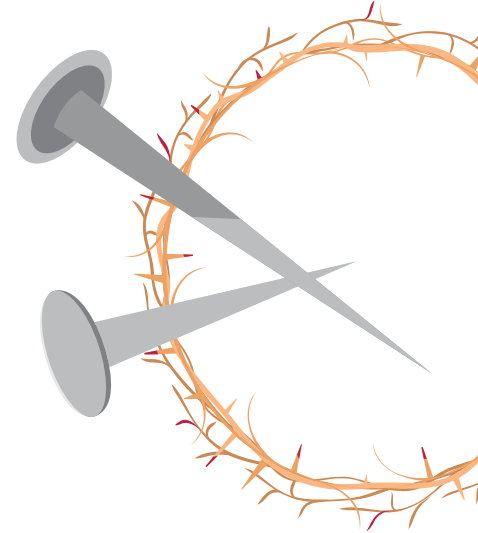
LENTEN TRACKER

Lent Begins (Feb 14-17)

- Wed: Joel 2:12-17
- Thurs: Isaiah 58:6-12
- Fri: Psalm 51:7-12
- Sat: 2 Corinthians 5:6-10

First Week of Lent (Feb 19-24)

- Mon: Matthew 6:1-6
- Tues: Matthew 6:19-21
- Wed: Genesis 9:8-17
- Thurs: 1 Peter 3:18-22
- Fri: Psalm 25:1-10
- Sat: Mark 1:9-15



Second Week of Lent (Feb 26-Mar 2)

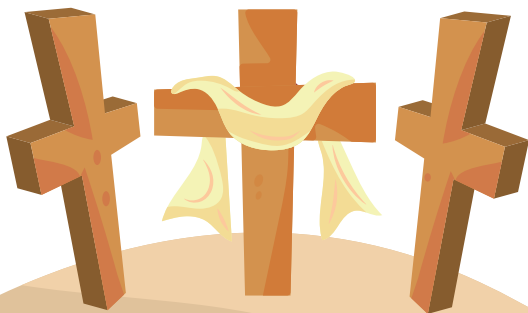
- Mon: Genesis 17:1-7
- Tues: Psalm 22:23-31
- Wed: Romans 4:13-16
- Thurs: Mark 8:31-38
- Fri: Mark 9:2-9
- Sat: Exodus 20:1-17

Third Week of Lent (Mar 3-9)

- Mon: Psalm 19
- Tues: 1 Corinthians 1:18-25
- Wed: John 2:13-22
- Thurs: Exodus 33:12-23
- Fri: Psalm 107:17-22
- Sat: Ephesians 2:1-10

Fourth Week of Lent (Mar 11-16)

- Mon: John 3:16-21
- Tues: Jeremiah 31:31-34
- Wed: Psalm 51:1-7
- Thurs: Psalm 119:9-16
- Fri: Hebrews 5:7-10
- Sat: John 12:20-27



Fifth Week of Lent (Mar 18-23)

- Mon: Isaiah 7:10-14
- Tues: Psalm 45
- Wed: Psalm 40:5-10
- Thurs: Hebrews 10:4-10
- Fri: Luke 1:26-38
- Sat: Psalm 118:1-14

Sixth Week of Lent (Mar 25-30)

- Mon: Matthew 21:1-11
- Tues: John 12:12-19
- Wed: John 11:35-53
- Thurs: (LENT ENDS)
John 13:21-38
- Fri: John 19:1-27
- Sat: John 20:1-31

Easter Sunday (Mar 31)





WEEKLY PRAYER TOPICS FOR LENT

These six daily prayer themes are established after a line in the Lord's prayer as indicated.

- Our Father, who art in heaven; hallowed be thy name...**
Monday: Give praise and express gratitude for God's goodness, kindness, strength, caring, consistency.
- Thy Kingdom come; thy will be done on earth as it is in heaven...**
Tuesday: Request guidance and impressions from God on how to do his will throughout Lent.
- Give us this day our daily bread...**
Wednesday: Name personal needs that should be met for yourself, family, church, community, etc.
- And forgive us our trespasses as we forgive those who trespass against us...**
Thursday: Ask forgiveness for things you've done...then offer forgiveness for those who hurt you.
- Lead us not into temptation but deliver us from evil....**
Friday: Request protection...from lusts and also spiritual forces that can lead us astray.
- For thine is the Kingdom, the power, and the glory forever and ever.**
Saturday: Express your confidence in God's love, God's plan, God's ability to bring his earthly plans to completion.

Finish your daily prayer time in Lent with a silent prayer followed by the Lord's Prayer.

DAY

of Lent

Date: _____

Scripture:

Notes:

Reflection:

Gratitude:
